After your successful completion of the Program, you can choose one of three tracks that are currently available in our institution. These are Clinician Scientist/Researcher, Clinical Educator or pure Clinician. All three tracks are equally valued in our department as they are all essential in helping us achieve our vision.

This is an exciting time to be a Senior Resident in Rheumatology. In the early 1980s when I was an Internal Medicine trainee, getting a traineeship only guaranteed a posting in that Specialty. Without a structured teaching program, I learnt on the job. Later, as a Fellow in Rheumatology in UCLA, USA from 1986 to 1988, I saw what a proper specialist training program was and looked forward to a time when all trainees could have proper training here in Singapore.

Today, Singapore General Hospital (SGH) has a well-structured ACGME-I accredited Rheumatology Senior Residency Program. We have a comprehensive Program of international standard; a Faculty that is passionate, experienced and dedicated to helping our Senior Residents succeed through close supervision and timely feedback; and a large patient pool in our Autoimmunity & Rheumatology Centre (ARC). The ARC is the first such centre in the region to provide a one-stop service dedicated to complex Rheumatology and autoimmune disorders. As a Senior Resident, you will have the opportunity to learn in ARC’s general Rheumatology, sub-specialty (e.g. Scleroderma Clinic, Lupus Clinic, Spondyloarthritis Clinic, etc) as well as Musculoskeletal Ultrasound Clinics. Our inpatient Rheumatology service takes care of patients with a wide range of complicated rheumatic diseases. As our Senior Resident, you will also benefit from our hospital’s strength in having expertise in most, if not all adult medical and surgical specialties. These experts are regularly invited to teach our Residents. If your interest is in research, our department has a vibrant, nurturing, innovative and productive research culture and is accredited to train Clinician Scientist Residents in research.

SGH Rheumatology already has a good program and we are committed to making it even better. While keeping abreast of the best practices in the world, we encourage our Senior Residents’ feedback on how to further enhance our program. A posting in Kandang Kerbau Women and Children Hospital (KKH) will also enable you to enhance the learning of Pediatric Rheumatology.

I invite you to join our department as a Senior Resident and to grow and serve our patients with us as a cohesive team, synergistically and with passion. I look forward to working closely with you to guide you to become the best Rheumatologist that you can be.

Adjunct Assoc Prof Ng Swee Cheng
Program Director, Rheumatology
A good Rheumatologist retains the time-honored clinical skills of history taking, physical examination and patient care in the clinic and embraces the latest scientific and technological advances in rheumatological and immunological disorders.

Adjunct Assoc Prof Ng Swee Cheng
Program Director, Rheumatology

Rheumatology is the specialty for you if you enjoy the challenges of clinical medicine and its diversity, as well as sharing long term relationships with your patients.

At Singapore General Hospital (SGH), the Department of Rheumatology & Immunology, we are committed to training the next generation doctors to be patient-centric and academically-inclined Rheumatologists. With our dedicated Faculty members, our one-stop Autoimmunity and Rheumatology Centre and vast clinical and research resources, we are focused on providing you the best learning experience needed to fully realize your potential to be a skilled practitioner and consultant in the rheumatic diseases.

As a Senior Resident in our Department, you will be working in the Rheumatology department of Singapore’s largest tertiary teaching hospital. Our mission is to deliver state-of-the-art, cost-effective, holistic care for patients and to foster a collegial environment for learning, teaching and research. With over 20,000 ambulatory visits a year, our department has a large pool of patients with a wide spectrum of rheumatological and immunological conditions. You will participate in the management of these patients and develop your clinical acumen in both medicine and autoimmune diseases.
Passionate and Dedicated Faculty

At the Department of Rheumatology and Immunology, we believe in letting you grow and discover your passion in clinical care, education and/or research. Through our dedicated, passionate and vibrant team of doctors with many years of teaching experience, you can be assured that you will be guided and tutored in your journey with us. We enjoy teaching at various levels and we strive to enhance teaching beyond Rheumatology, with emphasis on professionalism, interpersonal and communication skills.

Most Comprehensive Training in Rheumatology

Our Autoimmunity and Rheumatology Centre (ARC) was set up with you in mind. The rooms are designed such that you will have access to your supervisor next door and an Advanced Nurse Practitioner nearby. The ARC also houses multi-purpose rooms that are designed to be converted to tutorial rooms for teaching of students and Residents.

To ensure that you have the highest level of competency in managing the most complicated and difficult Rheumatology cases, you will be attached to sub-specialty clinics like Systemic Lupus Erythematosus, Scleroderma, Rheumatoid Arthritis, Spondyloarthritis and Psoriatic Arthritis Clinics. In the Musculoskeletal Ultrasound Clinic, you will be trained to perform musculoskeletal ultrasound to detect synovitis in the small joints. In addition, you will have

OVERALL EDUCATIONAL GOALS

1. Provide comprehensive, evidence-based and cost-effective diagnosis, investigation and management of patients with rheumatic disease.

2. Counsel patients and the broader community on the prevention of and rehabilitation in rheumatic diseases.

3. Communicate effectively and compassionately with referring primary care physicians, specialists in medical subspecialties, surgeons, allied health professionals, patients and their families on the continuing care of rheumatology patients.

4. Communicate constructively and effectively with other Rheumatologists and physicians (especially referring physicians) and other healthcare professionals.

5. Function as a member of the healthcare team and coordinate the team as appropriate.
a two-week attachment to the Department of Pediatric Subspecialties at the Kandang Kerbau Women’s and Children’s Hospital. This will give you the opportunity to learn about Pediatrics and adolescent rheumatic diseases in both the inpatient and outpatient settings. To further enhance your learning, you can participate in on-going departmental research activities and learn the concepts and intricacies of research in Rheumatology.

**Range of Learning Opportunities**

Apart from the usual bedside teaching and hands-on learning, our robust training program includes weekly grand ward rounds, engaging lectures, journal clubs, tutorials and other important courses offered by the Centre For Resident & Faculty Development (CRAFD).

You will attend a series of bi-weekly National Core Rheumatology Series lectures together with your counterparts in the other hospitals.

Senior Residents who are interested in doing research, we will provide you with opportunities to work in research laboratories doing basic research or participate in clinical research. Through our partnership with Duke-NUS Graduate Medical School and other research institutions, there are other learning opportunities that you can take advantage of.

6. Contribute to the education of students, other physicians, other healthcare professionals, their patients and their families.

7. Perform necessary technical skills specific to the management of patients with rheumatic diseases.

8. Maintain complete and accurate medical records.

9. Undertake accurate self-appraisal, develop a personal continuing education strategy and pursue lifelong mastery of Rheumatology to maintain and improve professional skills.

10. Understand and critically appraise the design, implementation and interpretation of published research and apply it relevantly to patient care.